



NORWF NEWS

Northwest Orange Republican Women, Federated

April 2020

Dear NORWF Members,

In these trying times, I think of ways to lift my spirits and try to see hope in the future. I see the people of the U.S. obeying the Stay at Home orders and sacrificing so much to try to stay healthy and keep their families and others healthy as well. Most of all, I trust in God and I absolutely trust in our President, his administration as well as all the experts he has surrounded himself with.

At this time, however, we are left with so many questions: How is this disease going to progress? Will we find the "silver bullet" that will defeat it? When will we be able to get back to normal? And how is "normal" going to look after this terrible episode in World history is over?

I look to my faith and ask God's help for us. Please everyone pray, I know that you have been. Pray for the restoration of health for all our fellow human beings.

We have cancelled the April 16 General Meeting and I cannot tell you when we will resume our meetings, only time will tell.

Follow the orders of our Mayor, Governor and President. We will get through this in time and observance of the instructions from our leaders.

I look forward to the time when we can meet again. It will be a grand reunion.

Please be well.

Thank you,
Dianne Gieske
President, NORWF



Well As Dianne says we are still in time of unknown. What we do know is there will be not a April board meeting and we will not be having our regular April 16th meeting. NORWF is still functioning as a club as we answer emails, pay our bills and following through with communication with FFRW and NFRW.

Most of all ladies ---now is the time to connect with others through letters, cards oh yes, they still have cards and the lost art of writing a letter can return. Most of all call a friend, check on each other or check on a neighbor..... which can become a new friend. We can keep in touch in NEW WAYS. Zoom, facetime and other social medias created just for a time as this.

AND PRAY



**CONGRATULATIONS! TO OUR
VERY OWN, DOUG BANKSON AND
HIS WIFE GERI ON DOUG'S RE-
ELECTION TO APOPKA CITY
COUNCIL!!!!**

"KEEPING APOPKA PROUD"

NORWF 2020-21 Officers:

President:	Dianne Gieske
1st Vice President	Danielle Hilson
2nd Vice President	Pat Blackwell
Recording Secretary	Virginia Hilson
Treasurer	Susan Bornmann
Corresponding Secretary	Charlotte White



Scholarship Basket Drawing

We thank everyone who has donated a gift basket for this year.. The proceeds go toward our Scholarship Fund

2020

January	Joni Keams and Dianne Gieske
February	Beverly Blackmon
March	Danielle and Virginia Hilson
April	Susan Bornmann & Marty Harrison
May	Andrea Samson
June	
July	Virginia Maple and Lynn Garrett
August	Pat Blackwell
September	Sandy Bove' and Brenda Solomon
October	
November	
December	Carolyn Booth



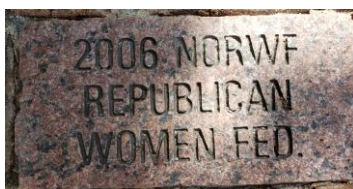
Please keep Verlie Norris and Shirley Merrill in your prayers. Verlie continued health issues and now shingles.

Shirley Merrill heart surgery this past week.

Addresses are:

Shirley Merrill –PO BOX 108 Plymouth, FL 32768

Verlie Norris – 410 Evesham Place Apopka, FL 32712



Where is this --- can you tell me????



April Birthdays

Christine Moore	April 11 th
Pat Blackwell	April 21 st
Bev Winesburgh	April 21 st
Carolyn Booth	April 29 th

**CLEAN YOUR PHONE!!!!NUMBER ONE****RECOMMENDATION HERE IS THE LINK:****<https://www.cnet.com/how-to/help-keep-coronavirus-off-your-phone>****GENERAL MEETINGS**

JANUARY 16th	Charles Hart, OCREC CHAIRMAN
FEBRUARY 20th	Erika Garcia
	Chairwoman for the <u>Republican National Hispanic Assembly of Florida,</u> Orange County Chapter
MARCH 19th	March Madness –To be Rescheduled
APRIL 16th	Vienna Francois – To be rescheduled
MAY 21st	TBD
JUNE 18th	TBD
JULY 16th	TBD
AUGUST 20th	TBD
SEPTEMBER 17th	TBD
OCTOBER 15 th	TBD
NOVEMBER 19th	TBD
DECEMBER 17th	Christmas Luncheon

NORWF board meetings: the second Thursday of each month at 10:00 a.m.

THE NORWF BOARD MEETINGS WILL NOW BE HELD AT: THE MUSEUM OF THE APOPKIANS
 122 E 5TH STREET
 APOPKA, FL 32703

SPECIAL EVENTS

TBD NEW DATE	Mayor's prayer breakfast
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FFRW Spring Conference*

Start: 11:00 a.m., June 13

End: 2:30 p.m., June 14

Marriott Tampa Westshore

1001 N. Westshore Boulevard, Tampa, FL 33607

The Spring Conference will be a Celebration of Suffrage, our Leaders, and Flag Day.

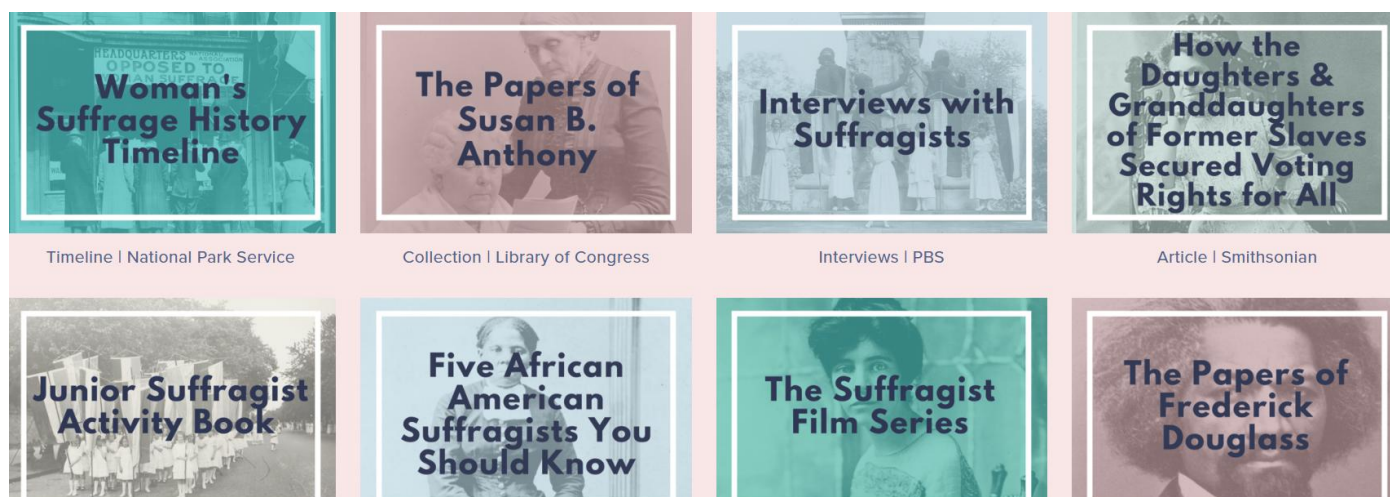
1 WOMEN'S SUFFRAGE LEARNING CENTERS

1.1 Whether you're a student, teacher, or lifelong learner, our partners at the National Archives, the Library of Congress, the National Park Service, the Public Broadcasting Service (PBS), and the Smithsonian Institution offer the resources you need in their centralized Learning Centers to discover and explore the rich and compelling history of the suffragists' fight for the ballot. As the official site for the Women's Suffrage Centennial, we've brought all those resources together here, in one place, to share the deeply American story of courage, perseverance, and women's right to vote.

Here's what you'll find:

- From the **National Archives**, teacher lesson plans, photographs, textual, and other records related to suffrage fill the National Archives Catalog.
- From the **Library of Congress**, view the original papers of Susan B. Anthony, Carrie Chapman Catt, Elizabeth Cady Stanton, Mary Church Terrell, the National American Woman Suffrage Association, and the National Woman's Party. Teachers can explore the Library's extensive lesson plans and suffrage images, and the musicians can browse original Suffrage Sheet Music.
- From the **National Park Service's 19th Amendment Learning Center**, resources include a crash course in suffrage history, an exploration of women's right to vote, and world-class teacher lesson plans, just to name a few.
- From the **Public Broadcasting Service (PBS)**, biographies, essays, and videos explore the relationship between Susan B. Anthony and Elizabeth Cady Stanton, the connections between suffragists and abolitionists, and offer first-hand interviews with suffragists.
- And from the **Smithsonian Institution**, original suffrage artifacts are used to explore the full history of voting rights in the U.S., including an in-depth look into Native American voting rights, the exploration of what it takes to amend the Constitution, and much more.

TO LEARN MORE ABOUT WHAT IS HAPPENING THIS YEAR GO TO <https://www.womensvote100.org/learn> THEY HAVE LINKS TO:



READ WHAT IS HAPPENING AROUND THE COUNTRY-----WHAT WILL YOU PROPOSE FOR NORWF TO TAKE ON AS FUN ACTIVITY????



**NFRW Celebrates
100 Years of
Suffrage : Women's
Right to Vote**

The women's suffrage movement was a decades-long fight to win the right to vote for women in the United States. It took activists and reformers nearly 100 years to win that right, and the campaign was not easy: Disagreements over strategy threatened to cripple the movement more than once. But on August 18, 1920, the 19th Amendment to the Constitution was finally ratified, enfranchising all American women and declaring for the first time that they, like men, deserve all the rights and responsibilities of citizenship.



This pin and message was from last fall but as women are more important at this time and need to daily use **OUR INDIVIDUAL GIFTS TO BE STRONG NOW MORE THAN EVER!!**

WORDS SENT FOR THIS NEWSLETTER FROM PAST FFRW PRESIDENT DENA DE CAMP:

We want all women to celebrate this most important event in our history.

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The fight is not over, we need more women running for office, our voice will not truly be heard until we have an equal voice in Congress, in the States and across this nation.





The NFRW 2021 Convention will take place in Orlando at the JW Marriott Grande Lakes on September 23-26, 2021. As the host state for NFRW, we will be forming an FFRW committee. If you have interest in being on the committee, please contact Diane Van Parys, FFRW 3rd VP, at dmvanparys@gmail.com.

LADIES NOW WOULD BE THE TIME TO DECIDE BY VIRTUAL EMAIL A PROJECT AND MAKE OUR 500 ITEMS FOR THE CONVENTION GOODIE BAGS FOR NEXT YEAR.....

NFRW In this week's NFRW Fast Forward, NFRW President Ann Schockett addresses the subject on everyone's mind - COVID-19 and praises President Donald Trump for his decisive leadership. Referencing cancellation of NFRW Spring events, President Schockett notes, "While plans have changed, NFRW still moves forward!" With that in mind, she introduces the areas of legislation and advocacy for 2020-21.

NFRW Fast Forward is the National Federation of Republican Women's new weekly video update on what's happening in the nation's capital and across the country.

WATCH VIDEO

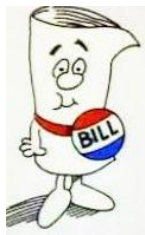
<https://www.youtube.com/watch?v=9B4XIKAZF4M>

Desert Calendar

May - Mary Smothers
to sign up for **your**
month!!!

Let President Dianne
know By email or phone.





Legislative Update

As you know, the Florida Legislative Session began in early January this year, not March, due to an accommodation for the National Election year. That meant we were running, not walking, our support of bills and issues! Proudly FFRW was able to achieve most of our objectives supporting legislation, legislators, and our Governor's priorities:

SB 664/HB 1265

Senators Tom Lee, Harrell, Gruters, & Simmons Representatives Byrd & Fitzenhagen -
- Requires employers to use e-verify, passed, signed by the Governor.

HB 333

Representatives Leek, Caruso, Fernandez-Barquin, Roach, passed pending judicial review -- Prevents bail pending review if offense was by sexual offender or predator of minor victim.

HB 1205

Price Transparency in Health Care by Rodriquez, died in Rules Committee.

HB 171

Post-secondary Education for Certain Military Personnel by Ponder, Altman, Buchanan, Caruso, Donalds, Drake, Duggan, Fischer, Gregory, Raschein, Roach, Zika.

HB 599

Consultant Pharmacists by Ana Maria Rodriquez -- Expands practice to include certain aspects of patient care, requires additional education and training and special contract for services.

SB 355 HB 265 & 267

Abortion by Senators Stargel, Hutson, Harrell, Gruters, Mayfield, Baxley, Diaz, Albritton, and Broxon, HB by Grall -- Requires written consent for abortion involving a minor, set out penalties, passed, Governor signed

Please send your nominations for Florida Woman Senator and Woman Representative of the year to: tracyleecaruso@gmail.com. An award will be given to each at our Spring Conference.

Insert from the FFRW NEWSLETTER Coronavirus (COVID-19)

What is novel coronavirus? (CDC, 3/3/2020)

Coronaviruses are a large family of viruses that are common in humans and many different species of animals. They are named for the glowing halo on the surface of the virus which resembles the sun's corona.

Coronavirus (COVID-19) was first identified in Wuhan, China. The World Health Organization (WHO) named the virus **COVID-19** which means **(CO)rona (VI)rus (D)isease 20(19)**. **COVID-19** is a respiratory disease caused by a novel (new) coronavirus that has not previously been seen in humans. It can spread from person to person through respiratory droplets. COVID-19 can cause respiratory illness that ranges from mild to severe or even fatal. The **symptoms** usually start between 2-14 days after infection. They **include fever, cough, and shortness of breath**.

How can I reduce my risk of getting or spreading an infection?

(MedlinePlus, NIH)

- Washing hands often with soap and water for at least 20 seconds. If soap is not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Avoid touching your face, nose, or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Use a regular household cleaning spray or wipe to clean and disinfect surfaces that are frequently touched.
- Cover coughs and sneezes with a tissue, throw away the tissue and wash your hands.
- Stay home when sick.

Note: USE A FACE MASK ONLY IF YOU HAVE SYMPTOMS.

Face masks only help those who are infected from spreading the droplets. Panic purchase of face masks reduces availability for healthcare professionals and infected individuals.

What is the current risk assessment? (NCIRD, 3/3/2020)

The general risk to the American public remains low.

- **The most vulnerable individuals are those with serious underlying medical conditions and the elderly.**
- Travelers returning from affected international locations where community spread is occurring are at an elevated risk of exposure.
- There is very little impact on young people and infants.
- 80% of those infected are either asymptomatic or experiencing very mild symptoms of infection. Most of the remaining 15% are elderly.

Most people recover from COVID-19 without needing special treatment.



Senior Shopping Hours

Store	Age	Day	Hours
Walmart	60+	Tu	6-7A
Whole Foods	60+	Daily	7-8A
Publix	65+	Tu & W	7-8A
Target		W	7-8A
Dollar General		Daily	8-9A
Winn Dixie		M-F	8-9A
Costco's	60+	Tu & Th	8-9A
Walgreens	55+	Tu	8-9A
Trader Joe's	65+	M	9-10A

